



# ART

## Active Recovery Triad

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# Outline

1. Development of ART
2. What is ART?
3. ART network

# 1. Development of ART

# For who?



21.000 people



Clinical facilities or supported housing, mostly situated in institution



Chronic course, no recovery

# Development of a new framework



## Goals:

- Perspective of hope and empowerment for service users
- Framework for professionals to work on recovery
- Impuls for quality improvement and professional alignment of Dutch MHC

## 2. Active Recovery Triad

## Care model for long-term mental health care

### Needs, strengths and wishes of a person

#### Active

- Active engagement
- 3 years...

#### Recovery

- Health
- Personal identity
- Daily functioning
- Community functioning

#### Triad

- Service user
- Team
- Organisation

# ART in practice

*7 steps to structure / personalize care and support*



**1. Intake**



**2. Focus on contact**



**3. Care coordination meetings**



**4. Contact with family/friends**



**5. Introduce 'recovery'**



**6. Basic needs, strengths and wishes**



**7. Personal recovery plan**



# 3. ART network

# Participating organizations




Antes




Leviaan





**ART-Monitor**  
Modelgetrouwheidsschaal Active Recovery Triad


Versie oktober 2019, gevalideerd  
Het intellectueel eigendom van de ART-monitor berust bij de Stichting HIC.  
Voor meer informatie over de toepassing van de ART-monitor of de handleiding bij de ART monitor, kunt u een mail sturen naar [ART@vumc.nl](mailto:ART@vumc.nl) of kijkt u op [www.art-psv.nl](http://www.art-psv.nl)



Tool to support  
implementation in  
practice

Instrument for  
scientific research

# Research projects

**1.**  **Evaluation  
of the ART monitor**



**Implementation  
process  
of ART within  
teams**

**2.**  **Impact of the ART  
model**

# Thank you!

More information:

[www.ART-psy.nl](http://www.ART-psy.nl)

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